

ASIST TRAINING (CERTIFIED)

February 24 & 25, 2022 - Fort Frances, ON

Limited 25 spots available - All participants must be in attendance for both full days to receive certificate.

Treaty #3 Community workers - health, youth, mental health, teachers & first responders are encouraged to attend.

ALL ATTENDEES MUST HAVE PROOF OF DOUBLE VACCINATION.

To register contact Cairo Copenace
haa@treaty3.ca



APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)

ASIST IS A TWO-DAY INTERACTIVE WORKSHOP IN SUICIDE FIRST-AID. ASIST TEACHES PARTICIPANTS TO RECOGNIZE WHEN SOMEONE MAY BE AT RISK OF SUICIDE AND WORK WITH THEM TO CREATE A PLAN THAT WILL SUPPORT THEIR IMMEDIATE SAFETY. ALTHOUGH ASIST IS WIDELY USED BY HEALTHCARE PROVIDERS, PARTICIPANTS DON'T NEED ANY FORMAL TRAINING TO ATTEND THE WORKSHOP—ASIST CAN BE LEARNED AND USED BY ANYONE.

ASIST MAKES A DIFFERENCE

As the world's leading suicide intervention workshop, LivingWorks' ASIST program is supported by numerous evaluations including independent and peer-reviewed studies. Results demonstrate that ASIST helps participants become more willing, ready, and able to intervene with someone at risk of suicide. ASIST is also proven to reduce suicidality for those at risk. A 2013 study that monitored over 1,500 suicidal callers to crisis lines found that callers who spoke with ASIST-trained counselors were 74% less likely to be suicidal after the call, compared to callers who spoke with counselors trained in methods other than ASIST. Callers were also less overwhelmed, less depressed, and more hopeful after speaking with ASIST-trained counselors

GOALS & OBJECTIVES

In the course of the two-day workshop, ASIST participants learn to:

- Understand the ways personal and societal attitudes affect views on suicide and interventions
- Provide guidance and suicide first-aid to a person at risk in ways that meet their individual safety needs
- Identify the key elements of an effective suicide safety plan and the actions required to implement it
- Appreciate the value of improving and integrating suicide prevention resources in the community at large
- Recognize other important aspects of suicide prevention including life-promotion and self-care

ASIST PARTICIPANTS

ASIST IS A RESOURCE FOR THE WHOLE COMMUNITY. IT HELPS PEOPLE APPLY SUICIDE FIRST-AID IN MANY SETTINGS: WITH FAMILY, FRIENDS, CO-WORKERS, AND TEAMMATES, AS WELL AS FORMAL CAREGIVING ROLES. MANY ORGANIZATIONS HAVE INCORPORATED ASIST INTO PROFESSIONAL DEVELOPMENT FOR THEIR EMPLOYEES. ITS WIDESPREAD USE IN VARIOUS COMMUNITIES CREATES A COMMON LANGUAGE TO UNDERSTAND SUICIDE SAFETY ISSUES AND COMMUNICATE ACROSS DIFFERENT ORGANIZATIONAL BACKGROUNDS.

REGISTRATION FORM

Name: _____

Community/Organization: _____

Job Title: _____

Email: _____

Allergies/special dietary: _____

La Place Rendezvous - Fort Frances, ON

Check In: February 23, 2022

Check Out: February 26, 2022

Accommodation's, breakfast & lunch will be provided both days.

Mileage & travel expenses to be reimbursed to
Community/Organization following meeting date.