



Dear Friend;

July 2018

**RE: Hope in the Darkness Closing Ceremony Invitation**

The Hope in the Darkness Walk for Youth Mental Health is a national walk that began on April 1 from the east coast in Cape Spear, St. John's, Newfoundland and on May 15 from the west coast in Masset, Haida Gwaii, British Columbia. Police officers, young people, mental health workers and families from across Canada have joined the walk for an hour, a day, a week and even months to raise awareness for youth mental health. We have also been visiting communities to listen to youth, families and communities share their strategies for supporting and standing up for young people and their wellness.

The walk was founded by Sergeant Redsky of the Anishinabek Police Service and has been supported through crowdfunding and community sponsors. The walk is fundraising to reach its \$75,000 goal to cover the costs of the walk and the closing event in Winnipeg on August 3, 2018 at the National Human Rights Museum. We are 32% of the way there!

We are inviting all of the young people, helpers, walkers, service providers, officers and frontline workers who joined us in this walk across the country. Inviting all youth groups to come and join us! This will be our opportunity to celebrate and extend our appreciation to all of the support that was provided on the issue of youth mental health and wellbeing. We will also share some of the lessons learned, best practices and strategies that we have learned while on this 4-month journey across the country.

If you can't be there in person, we encourage you to wear your Hope in the Darkness T-shirt on Friday August 3rd to show your support for Hope in the Darkness.

**Date: Friday August 3, 2018**

**Time: 5:30PM**

**Place: The Forks/Canadian Human Rights Museum**

**Please RSVP to [walkforyouthmentalhealth@gmail.com](mailto:walkforyouthmentalhealth@gmail.com)**

If you require any more information, please contact us at [walkforyouthmentalhealth@gmail.com](mailto:walkforyouthmentalhealth@gmail.com) or call 807-464-2929.

Thank you,  
Kevin Redsky  
Founder, Hope in the Darkness

**Address: Box 2 Parry Sound ON P2A 2X2 1436 Headquarters: Highway 17 B, Garden River, Ontario P6A 6Z1**  
**Email: [walkforyouthmentalhealth@gmail.com](mailto:walkforyouthmentalhealth@gmail.com) Phone: 807.464.2226 Website: [www.hopeinthedarkness.ca](http://www.hopeinthedarkness.ca)**