



**TREATY 3**  
**MENTAL**  
**HEALTH**  
**SERVICES**  
**DIRECTORY**

2014



[www.treaty3.ca](http://www.treaty3.ca)



**Anishnaabeg of Naongashiing (Big Island)**

General Delivery, Morson, ON POW 1J0  
Telephone: 807.488.5602/5604 Fax: 807.488.5942

**COMMUNITY**

77 kms SE of Kenora, 153 km from Fort Frances

**POPULATION:**

TOTAL 382 (INAC FN Profiles as of Feb 2011)  
On reserve: 154 Off reserve: 228

**HEALTH FACILITIES**

Medical Centre, Telephone: 807.488.5602; fax: 807.488.5942

**MENTAL HEALTH PROGRAMS/SERVICES**

**OTHER**

NNADAP 807.488.5602

Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker

**NEAREST HEALTH FACILITIES**

Gizhewaadziwin Health Access Centre, Couchiching  
Riverside Health Care Facilities Inc., Fort Frances

**REGIONAL AFFILIATION/SERVICES**

Anishinaabeg of Kabapikotawangag Resource Council (AKRC)  
<http://www.akrc.on.ca/>  
Weechiittewin Family Services, Community Care Team  
Fort Frances Tribal Area Health Authority, Fort Frances



**Big Grassy First Nation**

PO Box 414, Morson, ON POW 1J0  
Telephone: 807.488.5614 Fax: 807.488.5533  
Toll free: 1.800.361.7728  
<http://biggrassy.ca>

COMMUNITY  
100 Km SE of Kenora

POPULATION:  
TOTAL 703 (INAC FN Profiles as of Feb 2011)  
On reserve: 223 Off reserve: 480

HEALTH FACILITIES  
Esiniwab Health Centre, PO Box 425, Morson, ON POW 1J0  
Telephone: 807.488.5457; fax: 488.9644

MENTAL HEALTH PROGRAMS/SERVICES

OTHER  
NNADAP 807.488.5457  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children  
Building Healthy Communities

NEAREST HEALTH FACILITY  
Gizhewaadiziwin Health Access Centre, Couchiching  
Riverside Health Care Facilities Inc., Fort Frances, Emo, Rainy River

COMMUNITY INFRASTRUCTURE  
Family Resource Centre 488.9905  
Pegamigaabo School 488.5916

REGIONAL AFFILIATION/SERVICES  
Anishinaabeg of Kabapikotawangag Resource Council (AKRC)  
[akrc.on.ca](http://akrc.on.ca)  
Weechiitewin Family Services, Community Care Team  
Fort Frances Tribal Area Health Authority, Fort Frances



**Couchiching First Nation**

RR#2, RMB 2027, Fort Frances, ON P9A 3M3  
Telephone: 807.274.3228 Toll free: 888.581.0249 Fax: 807.274.6458  
[www.couchiching.ca](http://www.couchiching.ca)

COMMUNITY  
One Km east of Fort Frances

POPULATION:  
TOTAL 2,093 (INAC FN Profiles as of Feb 2011)  
On reserve: 642 Off reserve: 1,451

HEALTH FACILITIES  
Gizhewaadziwin Health Access Centre [www.gizhac.com](http://www.gizhac.com)  
Telephone: 807.274.3131  
Rainy Lake First Nation Pharmacy telephone: 807.274.3319

MENTAL HEALTH PROGRAMS/SERVICES

OTHER  
NNADAP 807-274-0441  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY  
Gizhewaadziwin Health Access Centre, Couchiching  
Riverside Health Care Facilities Inc., Fort Frances

REGIONAL AFFILIATION/SERVICES  
Weechiittewin Family Services, Community Care Team  
Fort Frances Chiefs Secretariat <http://ffcs.ca>  
Fort Frances Tribal Area Health Authority, Fort Frances



**Lac La Croix**

PO Box 640, Fort Frances, ON P9A 3M9  
Telephone: 807.485.2431 Fax: 807.485.2583  
<http://www.lfcfn.ca>

**COMMUNITY**

200 Km NW of Thunder Bay; 90 Km SE of Fort Frances

**POPULATION:**

TOTAL 416 (INAC's FN Profiles as of Feb 2011)  
On reserve: 288 Off reserve: 128

**HEALTH FACILITIES**

Health Centre

**MENTAL HEALTH PROGRAMS/SERVICES**

**OTHER**

NNADAP 807-485-2541, 807-485-2583  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children  
Aakwiinowin and Family Services - 807-485-2487 Fax 807-485-2565

**NEAREST HEALTH FACILITY**

Gizhewaadziwin Health Access Centre, Couchiching  
Riverside Health Care Facilities Inc., Fort Frances

**REGIONAL AFFILIATION/SERVICES**

Weechiittewin Family Services, Community Care Team  
Fort Frances Tribal Area Health Authority, Fort Frances



**Mitaanjigamiing (Stanjikoming)**

PO Box 609, Fort Frances, ON P9A 3M9  
Telephone: 807.274.2188 Fax: 807.274.4774

COMMUNITY  
56 Km NE of Fort Frances

POPULATION:  
TOTAL 141 (INAC FN Profiles as of Feb 2011)  
On reserve: 98 Off reserve: 141

HEALTH FACILITIES  
Health Centre

MENTAL HEALTH PROGRAMS/SERVICES

OTHER  
NNADAP 807-274-2188 ext. 58, 807-274-4774  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY  
Gizhewaadiziwin Health Access Centre, Couchiching  
Riverside Health Care Facilities Inc., Fort Frances

REGIONAL AFFILIATION/SERVICES  
Fort Frances Chiefs Secretariat <http://ffcs.ca>  
Weechiittewin Family Services, Community Care Team  
Fort Frances Tribal Area Health Authority, Fort Frances



**Naicatchewenin (Northwest Bay)**

RR#1, Box 15, Devlin, ON P0V 1C0  
Telephone: 807.486.3407 Fax: 807.486.3704  
www.naichatcheweninfirstnation.com

**COMMUNITY**

60 km NW of Fort Frances or 30 k N of Devlin

**POPULATION:**

TOTAL 395 (INAC FN Profiles as of Feb 2011)  
On reserve: 271 Off reserve: 124

**HEALTH FACILITIES**

Medical Services Clinic 807. 486.3560

**MENTAL HEALTH PROGRAMS/SERVICES**

**OTHER**

NNADAP 807-486-3407

Aboriginal Healing & Wellness Strategy- Community Wellness Worker

Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

**NEAREST HEALTH FACILITY**

Gizhewaadiziwin Health Access Centre, Couchiching

Riverside Health Care Facilities Inc., Fort Frances

**REGIONAL AFFILIATION/SERVICES**

Fort Frances Chiefs Secretariat <http://ffcs.ca>

Weechiittewin Family Services, Community Care Team

Fort Frances Tribal Area Health Authority, Fort Frances



**Nigigoonsiminikaaning (Red Gut)**

PO Box 68, Fort Frances, ON P9A 3M5  
Telephone: 807.481.2536 Fax: 807.481.2511  
www.nigigoonsiminikaaning.ca

COMMUNITY  
50 Km E of Fort Frances

POPULATION:  
TOTAL 318 (INAC FN Profiles as of Feb 2011)  
On reserve: 145 Off reserve: 173

HEALTH FACILITIES  
Medical Services Clinic- CHR, Telephone: 807.481.2559

MENTAL HEALTH PROGRAMS/SERVICES

OTHER  
NNADAP 807.481.1110 famc@nigigoonsiminikaaning.ca  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY  
Gizhewaadiziwin Health Access Centre, Couchiching  
Riverside Health Care Facilities Inc., Fort Frances

REGIONAL AFFILIATION/SERVICES  
Fort Frances Chiefs Secretariat <http://ffcs.ca>  
Weechiittewin Family Services, Community Care Team  
Fort Frances Tribal Area Health Authority, Fort Frances





**Ojibways of Onigaming (Sabaskong)**

PO Box 160, Nestor Falls, ON POX 1K0  
Telephone: 807.484.2162 Fax: 807.484.2737 1.800.879.6944

**COMMUNITY**

130 S from Kenora; 113 km from S Fort Frances

**POPULATION:**

TOTAL 725 (INAC FN Profiles as of Feb 2011)

On reserve: 438 Off reserve: 287

**HEALTH FACILITIES**

Medical Services Clinic: 807.484.2339 Fax: 484.2789

Physician services from Wassaygiizhig (Kenora Access Centre);

[www.kahac.org](http://www.kahac.org)

**MENTAL HEALTH PROGRAMS/SERVICES**

AHWS Non-Residential Mental Health Worker

**OTHER**

NNADAP 807-484-2339

Aboriginal Healing & Wellness Strategy- Community Wellness Worker

Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

**NEAREST HEALTH FACILITY**

Gizhewaadiziwin Health Access Centre, Couchiching

Riverside Health Care Facilities Inc., Fort Frances

**REGIONAL AFFILIATION/SERVICES**

Weechiittewin Family Services, Community Care Team

Anishinaabeg of Kabapikotawangag Resource Council (AKRC)

[akrc.on.ca](http://akrc.on.ca)



**Rainy River First Nation**

PO Box 450, Emo, ON POW 1E0  
Telephone: 807.482.2479 Fax: 807.482.2603  
rainyriver.firstnation.ca

**COMMUNITY**

3 Km W of Emo, 20 Km W of Fort Frances

**POPULATION:**

TOTAL: 760 On reserve: 240 Off reserve: 520

**HEALTH FACILITIES**

Community Health Clinic: 807.482.2021

**MENTAL HEALTH PROGRAMS/SERVICES**

**OTHER**

NNADAP 807-482-2469, 807-482-1502

Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children  
Kay-Nah-Chi-Wah-Nung Historical Centre 807.483.1163  
<http://www.manitoumounds.com/>

**NEAREST HEALTH FACILITY**

Gizhewaadiziwin Health Access Centre, Couchiching  
Riverside Health Care Facilities Inc., Fort Frances

**REGIONAL AFFILIATION/SERVICES**

Fort Frances Chiefs Secretariat <http://ffcs.ca>  
Weechittewin Family Services, Community Care Team  
Fort Frances Tribal Area Health Authority, Fort Frances



**Seine River First Nation**

PO Box 124, Mine Centre, ON POW 1H0  
Telephone: 807.599.2224 Fax: 807.599.2865

COMMUNITY  
80 Km E of Fort Frances

POPULATION:  
TOTAL 716 (INAC FN Profile as of Feb 2011)  
On reserve: 319 Off reserve: 397

HEALTH FACILITIES  
Health Centre

MENTAL HEALTH PROGRAMS/SERVICES

OTHER  
NNADAP 807-599-2224  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY  
Gizhewaadiziwin Health Access Centre, Couchiching  
Riverside Health Care Facilities Inc., Fort Frances

REGIONAL AFFILIATION/SERVICES  
Fort Frances Chiefs Secretariat <http://ffcs.ca>  
Weechiittewin Family Services, Community Care Team  
Fort Frances Tribal Area Health Authority, Fort Frances



### **Fort Frances Tribal Area Health Authority**

Behavioural Health Services

P.O. Box 608, Fort Frances, ON P9A 3M3

Ph: (807) 274-9839 Fax: (807) 274-9024

fftahs.com

The Behavioural Health Services Team provides support for members of our 10 Fort Frances/Rainy River District First Nations. The communities represented are: Couchiching, Lac La Croix, Naicatchewenin, Ojibways of Naongashing, Nigigoonsiminikaaning, Rainy River, Seine River, Mitaanjigamiing

The main focus is to provide wholistic support for adult mental health counseling, substance abuse services, treatment, cultural and community support services.

Counselling team services include Crisis Management/Counselling, Anger Management Support, Elder Support, Addiction Support Services, Community Support Services, Grief Recovery Programming, Individual Grief Counselling, Community Based Workshops

The Behavioural Health Services Treatment Team services include: Case Management Services, Intake, Assessment, Program Orientation, Pre-Treatment Support and programming, Out-Patient Support and programming, AfterCare Support and programming, Wrap Around Services with First Nation Community Service Providers, other internal agency programs, external resources and referrals for service.

Crisis Response line: TOLL FREE & CONFIDENTIAL

Available 24 hours a day, 7 days a week.

1-866-888-8988 (Kenora Rainy River District)



### **Gishewaadiziwin Health Access Centre**

Box 686 Fort Frances, ON. P9A 3M9

Phone: (807) 274-3131 Admin Fax: (807) 274-6280 Clinic Fax: (807) 274-3855

The Gishewaadiziwin Access Centre is a community based, Aboriginal controlled primary care centre that services 10 First Nations. These include: Couchiching, Seine River, Lac La Croix, Nigigoonsiminikaaning, Rainy River, Naicatchewenin, Stanjikoming, Big Grassy River, Big Island, Ojibways of Onegaming. The Access Centre provides clinical, social, health promotion and preventive services, as well as, access to traditional Ojibway healers.

Mental health services include: Traditional Healing Program, Aboriginal FASD & Child Nutrition Program, Mental Health Program, Mental health services with emphasis on a holistic approach, Provides support, counselling, accompaniment to hospital for individuals at risk of suicide, holds community and school presentations on suicide prevention.

Offers individual, family, group counselling for: Family violence and support, Grief, Parent/child conflicts, teen peer pressure, Substance abuse, Teen violence.



**Methadone Maintenance Program**

404 Scott St, Fort Frances, ON P9A 1H2

Offers a methadone maintenance program for opiate addicts based on an intensive outpatient model, over a 12-24 month period. Services include: Initial intake screening procedure, signed treatment contracts, Focused medical examinations, Appropriate lab tests, Initial and ongoing supervised urinalysis, Weekly group and individual therapy, Regular medical follow-ups and supervision, Regular daily Methadone dosing, Treatment of addiction related illness and/or diseases (such as Hepatitis C and HIV infection), After care program

Head office fax: 905-773-3544  
Fort Frances: 807-274-8305  
Dryden Office Phone: 807-223-5107  
[www.oatc.ca](http://www.oatc.ca)

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**Mental Health Lead**

Rainy River District School Board  
(807) 274-9855 ext. 4992

Children's Mental Health Lead positions for school boards are part of the Ontario Comprehensive Mental Health and Addictions strategy "Open Minds, Healthy Minds". Only 8 public school boards in Ontario were funded for the Children's Mental Health lead.

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**Riverside Health Care Facilities**

Riverside Community Counselling  
Fort Frances Office: 206 Victoria Avenue, Fort Frances, ON P9A 2B7  
Fort Frances: (807) 274-4807 ext. 1  
Emo Office: 260 Front Street, Emo, ON POW 1E0, 274.4807 ext 2  
Rainy River Office: 115 Fourth Street, Rainy River, ON POW 1L0, 274.4807 ext 3

Riverside Community Counselling provides services to people in the community, 18 years and older, who are experiencing problems with living. We work with individuals, couples, families, and groups. Services include: Family Violence Counselling, Mental Health Counselling, Marital and Family Counselling, Addictions Counselling

Crisis Response Services 1-866-888-8988 Toll-free and confidential

Community support workers, Crisis beds, Withdrawal management beds, Addictions recovery treatment, Staffed by professionals 24/7/365

Crisis prevention and intervention, information, referrals and support offered to callers in crisis, family members and service providers



**Fort Frances Sunset Country Psychiatric Survivors**

Sunset Country Psychiatric Survivors  
271 Scott, Fort Frances ON P9A 1G8  
Telephone: 807-274-4718

Sunset Country Psychiatric Survivors offers mental health services.

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**United Native Friendship Centre**

Childrens Mental Health Worker  
Telephone: (807) 274- 8542 Ext. 292, Fax: 274-4067  
Email: ahws\_cmh@vianet.ca

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**Atikokan Family Health Team**

Box 1450 123 Marks St, Atikokan, ON P0T 1C0  
Office phone 807-597-2721 Ext 266 Fax 807-597-4632  
Email: medical@nwon.com, Website: www.atikokanfht.com

Offers primary health care including Mental health counselling. Mental Health Program Services include: Provides mental health services and support, Offers case management services including individual assessment and treatment planning, Provides supportive mental health counselling, Offers mental health support, Offers accompaniment to community activities and appointments, Provides referrals to local and out of town community service providers, Provides public education and information sessions.

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**Atikokan General Hospital**

Community Counselling, PO Box 1956, Atikokan, ON P0T 1C0  
Office: 807-597-2724 or 807-597-2725 Crisis phone: 1-866-888-8988  
Fax: 807-597-4679  
Website: www.aghospital.on.ca

Mental Health Programs offer individual, couples, family and group counselling for stress management and crisis intervention. Provides referral services to appropriate supports such as case management, psychogeriatric community services. Arranges psychiatric consultations when required

**Support Housing**

**Atikokan Community Counselling Services**

The program is designed to provide communal living for people with a serious mental illness, and to ensure clients have opportunities to live as independently as possible as a member of their communities. This program provides a physical environment that fosters independence, and provides support services tailored to the wants and needs of the client. Model of service is client empowerment.



**Atikokan Native Friendship Centre**

309 Main St West, Atikokan, ON P0T 1C0

Phone: 807-597-1213, Fax: 807-597-1473, Email: nativefriend@bellnet.ca

Aboriginal Healing and Wellness Program Crisis Intervention provides crisis intervention services to individuals affected by family violence, offers immediate on site or telephone assistance, dispatches call to police when deemed necessary, ensures victims receive support and assistance to secure their safety, provides advocacy, provides referrals to appropriate resources and services

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**Canadian Mental Health Association. Fort Frances Branch**

612 Portage Ave, Fort Frances, ON P9A 3M8

PO Box 446, Fort Frances, ON P9A 3M8

Office phone: 807-274-2347 Toll free: Northwestern Ontario: 1-877-311-0117

Fax: 807-274-3515, Email: cmha@cmhaff.ca, Website: www.cmhaff.ca

Provides programs, services, supports and education that focus on the mental health needs of individuals, families and communities. Provides education programs and training seminars to other service providers. Provides mental health first aid courses for organizations. Adminstrates the following programs: Can Help, Case Management, Court Diversion and Support Services, District Mental Health for Older Adults, Housing, Step Centre/Social Rehabilitation, Crisis response

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**Kenora Rainy River Districts Child and Family Services - Atikokan**

211 Main St West, Atikokan, ON P0T 1C0

Office phone: 807-597-2700, After hours phone: 807-597-2700

Functions as a unique integrated children's services organization providing a variety of services including: Child Welfare Services, Children's Mental Health Services, Community Services, Developmental Services, Supervised Access Program

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**Kenora Rainy River Districts Child and Family Services**

240 First St East Ste 200, Fort Frances, ON P9A 1K5

Office phone: 807-274-7787, Toll free: Fort Frances: 1-800-465-7764 Kenora:

1-800-465-1100, Fax: 807-274-6646

Email: info@krrcfs.ca, Website: www.kenorarainyrivercfs.ca

**Children's Mental Health Services**

Assists children, adolescents and their families who may be experiencing emotional, social, and/or psychological problems in their school, family and/or community life. Provides consultation, training and public education. Supports and guides parents concerned about child's early development and/or behaviour. Psychiatric counselling via videoconferencing with Sick Children's Hospital.



**Asubpeescheewagong Netum Anishinabek - Grassy Narrows**

General Delivery, Grassy Narrows, ON POX 1B0  
Telephone: 807.925.2201 Fax: 807.925.2649  
grassynarrowsfirstnation.myknet.org

COMMUNITY  
80 Km NE of Kenora

POPULATION:  
TOTAL 1,426 (INAC FN Profiles as of Feb 2011)  
On reserve: 885 Off reserve: 541

HEALTH FACILITIES  
Grassy Narrows Clinic, Telephone: 807.925.2850/2851 fax: 807.928.2182

MENTAL HEALTH PROGRAMS/SERVICES  
Crisis Intervention Team- 807.925.2652  
Youth Suicide Prevention- Complex youth drop-in  
Solvent Abuse

OTHER  
NNADAP- 807-925-2281/807-925-2649  
NNADAP- 807-925-2201  
Brighter Futures- 807.925.1118  
Elder- 807.925.2202  
Youth Activator- Complex youth drop-in  
FASD- 807.925.1149 Complex youth drop-in  
Maternal Child Health- Complex youth drop-in  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children-  
807.925.2202  
Aboriginal Healing & Wellness Strategy- Community Wellness-  
807.925.2546/ 807.925.2749

NEAREST HEALTH FACILITY  
Waasegiizhig Nanaandaweyewigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

REGIONAL AFFILIATION/SERVICES  
Anishinaabe Abinooji Family Services, Kenora  
Kenora Chiefs Advisory <http://kenorachiefs.ca>





**Iskatewizaagegan #39 Independent First Nation**

General Delivery, Kejick, ON POX 1E0  
Telephone: 807.733.2560 Fax: 807.733.3106

COMMUNITY  
65 km W of Kenora

POPULATION:  
TOTAL 587 (INAC FN Profiles as of Feb 2011)  
On reserve: 298 Off reserve: 289

HEALTH FACILITIES  
Isobel Pinesse Memorial Health Centre,  
Telephone: 807.733.3318 fax: 807.733.2871

MENTAL HEALTH PROGRAMS/SERVICES  
Iskatewizaagegan 39 has a HSIF mental health services project designed to work with appropriate partners to increase access to mental health and addiction services for First Nation citizens in the Kenora area by developing an integrated system of care. Partners include: Wauzhushk Onigum, Naotkamegwanning, Grassy Narrows, Shoal Lake 40, Wabasemoong, Ochiichagwe Babigolning and Obashkaandagaang.

OTHER  
NNADAP  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY  
Waasegiizhig Nanaandaweiiyewigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

REGIONAL AFFILIATION/SERVICES  
Anishinaabe Abinooji Family Services, Kenora  
Kenora Chiefs Advisory [kenorachiefs.ca](http://kenorachiefs.ca)



**Naotkamegwaning (Whitefish Bay)**

General Delivery, Pawitik, ON POX 1L0  
Telephone: 807.226.5411 Fax: 807.226.5389

COMMUNITY  
65 Km SE of Kenora

POPULATION:  
TOTAL 1,177 (INAC FN Profiles as of Feb 2011)  
On reserve: 694 Off reserve: 483

HEALTH FACILITIES  
Whitefish Bay Clinic, 807.226.5383 fax: 807.226.5752  
Naotkamegwaning EMS: Telephone 807.226.2277

MENTAL HEALTH PROGRAMS/SERVICES  
Women's Shelter- 807.226.2605  
Crisis Line: 807.226.2603 fax: 807.226.2606  
Crisis Intervention on-site. Provides crisis intervention services to community in crisis situations and to individuals affected by family violence and suicide

Mental health services 807.226.1026 fax: 807.226.1188  
Youth Suicide Prevention- 807-226-5383, Toll free 1-877-885-5530  
AHWS Non-Residential Mental Health Worker

OTHER  
NNADAP 807-226-5638  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY  
Waasegiizhig Nanaandawewiyewigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

REGIONAL AFFILIATION/SERVICES  
Anishinaabe Abinooji Family Services, Kenora  
Kenora Chiefs Advisory [kenorachiefs.ca](http://kenorachiefs.ca)



**Obashkaandagaang (Washagamis Bay)**

PO Box 625, Keewatin, ON POX 1C0  
Telephone: 807.543.2532 Fax: 807.543.9264

COMMUNITY  
15 km W of Kenora

POPULATION:  
TOTAL 275 (INAC FN Profiles as of Feb 2011)  
On reserve: 140 Off reserve: 155

HEALTH FACILITIES  
Head office of Waasegiizhig Nanaandaweyewigamig  
(Kenora Access Centre) located on this First Nation  
Nanaandaweyewigamig Healing Lodge

MENTAL HEALTH PROGRAMS/SERVICES

OTHER  
NNADAP 807-543-2532  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY  
Waasegiizhig Nanaandaweyewigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

REGIONAL AFFILIATION/SERVICES  
Anishinaabe Abinooji Family Services, Kenora  
Kenora Chiefs Advisory [kenorachiefs.ca](http://kenorachiefs.ca)



**Ochiichagweibabigoing First Nation (Dalles)**

RR#1, Dalles Road, Kenora, ON P9N 3W7

Telephone: 807.548.5876 toll-free: 1.888.767.4960, fax: 807.548.2337

[www.ochiichag.ca](http://www.ochiichag.ca)

**COMMUNITY**

15 Km NW of Kenora

**POPULATION:**

TOTAL 351 (INAC FN Profiles as of Feb 2011)

On reserve: 136 Off reserve: 215

**NEAREST HEALTH FACILITY**

Waasegiizhig Nanaandawewiyewigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

**MENTAL HEALTH PROGRAMS/SERVICES**

**OTHER**

NNADAP 807-548-5876, [nnadap@ochiichag.ca](mailto:nnadap@ochiichag.ca)

Aboriginal Healing & Wellness Strategy- Community Wellness Worker

Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

Maternal Child Health Program 807-548-5876, Toll free 1-888-767-4960, Fax 807-548-2337

**REGIONAL AFFILIATION/SERVICES**

Anishinaabe Abinooji Family Services, Kenora

Kenora Chiefs Advisory <http://www.kenorachiefs.ca/>



**Shoal Lake No. 40**

General Delivery, Kejick, ON POX 1E0  
Telephone: 807.733.2315 Fax: 807.733.3115

COMMUNITY  
70 Km W of Kenora

POPULATION:  
TOTAL 565 (INAC FN Profiles as of Feb 2011)  
On reserve: 266 Off reserve: 299

HEALTH FACILITIES  
Shoal Lake Health Station: telephone -807.733.3577 fax: 807.733.2561

MENTAL HEALTH PROGRAMS/SERVICES

OTHER

NNADAP 807-733-2315, 807-733-3115

Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY

Waasegiizhig Nanaandawefiyewigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

REGIONAL AFFILIATION/SERVICES

Anishinaabe Abinooji Family Services, Kenora  
Kenora Chiefs Advisory [kenorachiefs.ca](http://kenorachiefs.ca)



**Wabaseemoong Independent Nations (Whitedog)**

General Delivery, Whitedog, ON POX 1P0  
Telephone: 807.927.2000 Fax: 807.927.2037  
www.win-tlua.ca

COMMUNITY  
60 Km NW of Kenora

POPULATION:  
TOTAL 1,822 (INAC FN Profiles as of Feb 2011)  
On reserve: 896 Off reserve: 926

HEALTH FACILITIES  
Health Centre: Telephone: 807.927.2440 fax: 807.927.2079

MENTAL HEALTH PROGRAMS/SERVICES  
Crisis Intervention- after-hours safety patrol 807.927.2061  
Mental health and community wellness- 807.927.2061

OTHER  
NNADAP  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY  
Waasegiizhig Nanaandaweyewigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

REGIONAL AFFILIATION/SERVICES  
Anishinaabe Abinooji Family Services, Kenora  
Kenora Chiefs Advisory kenorachiefs.ca



**Northwest Angle No. 33**

PO Box 59, Sioux Narrows, ON POX 1N0  
Angle Inlet Telephone: 807.733.2200, fax: 733.3148  
Dog Paw- Telephone: 807.226.2858, fax: 226.2860  
PO Box 1490, Kenora, ON P9N 3X7  
Telephone: 807.468.8852, fax: 468.3678

**COMMUNITY**

6 Km E of Manitoba Border

**POPULATION:**

TOTAL 480 (INAC FN Profiles as of Feb 2011)  
On reserve: 204 Off reserve: 276

**HEALTH FACILITIES**

Medical Building 807.733.2155  
Health director- 807.226.9890

**MENTAL HEALTH PROGRAMS/SERVICES**

Mental health & addictions- 807.226.2858, 807.226.2860 fax  
Email: Nwa33mentalhealth@hotmail.com

**OTHER**

NNADAP 807-226-2858, mentalhealth@hotmail.com  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

**NEAREST HEALTH FACILITY**

Waasegiizhig Nanaandaweyiwigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

**REGIONAL AFFILIATION/SERVICES**

Anishinaabe Abinooji Family Services, Kenora  
Anishinaabeg of Kabapikotawangag Resource Council (AKRC)  
akrc.on.ca



**Northwest Angle No.37 (Whitefish Bay No. 34A)**

PO Box 267, Sioux Narrows, ON POX 1N0

Regina Bay - Telephone: 807.226.5353 Fax: 807.226.1164 Toll Free:  
1.800.853.3960

Windigo Island Telephone: 807.733.3721 Fax: 733.3722

**COMMUNITY**

54 Kms SE of Kenora

**POPULATION:**

TOTAL 348 (INAC's FN Profiles as of Feb 2011)

On reserve: 175 Off reserve: 173

**HEALTH FACILITIES**

Health Centre, Telephone: 807.226.1077/5469 Fax: 807.226.5400

**MENTAL HEALTH PROGRAMS/SERVICES**

**OTHER**

NNADAP 807.226.1077 807-226-5400

Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children-  
807.226.1077/ 807.226.5400, Email: hbhc@nwa37.ca

Windego Healthy Babies, Healthy Children- 807.733.2900/ 807.733.2690  
Email: Core.health@nwa37.ca

**NEAREST HEALTH FACILITY**

Waasegiizhig Nanaandaweyiwigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

**REGIONAL AFFILIATION/SERVICES**

Anishinaabe Abinooji Family Services, Kenora

Anishinaabeg of Kabapikotawangag Resource Council (AKRC)  
akrc.on.ca





**Wauzhushk Onigum (Rat Portage)**

PO Box 1850, Kenora, ON P9N 3X8  
Telephone: 807.548.5663 Fax: 807.548.6186

COMMUNITY  
6 Km SE of Kenora

POPULATION:  
TOTAL 676 (INAC FN Profiles as of Feb 2011)  
On reserve: 337 Off reserve: 339

HEALTH FACILITIES  
Medical Centre, Telephone: 807.548.6340

MENTAL HEALTH PROGRAMS/SERVICES

OTHER  
NNADAP 807-548-6340, nnadap@womc.ca  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children  
Maternal Child Health Program 807-548-6340, Fax 807-548-5035

NEAREST HEALTH FACILITY  
Waasegiizhig Nanaandawewiyewigamig Health Access Centre, Kenora  
Lake of the Woods Hospital, Kenora

REGIONAL AFFILIATION/SERVICES  
Anishinaabe Abinooji Family Services, Kenora  
Anishinaabeg of Kabapikotawangag Resource Council (AKRC)  
akrc.on.ca



**Anishinaabeg of Kabapikotawangag Resource Council**

A.K.R.C. Administration - Sioux Narrows Main Office  
Phone: 226-4445 Fax: 226-4459 TF: 1-888-436-1993  
Email: director@akrc.on.ca, Community Development Support Program-AHWS:  
cdsp\_ltc@akrc.on.ca

The Anishinaabeg of Kabapikotawangag Resource Council is incorporated as an Aboriginal non-profit organization, providing advisory and technical services to the member First Nations. The AKRC staff, committees and communities work together to ensure the cooperation, coordination and holistic approaches are in place for the delivery of services to support a high quality of life for the Anishinaabe people. Health services provided include: Aboriginal Healing & Wellness Strategy - Community Development Support Worker, Aboriginal Healing & Wellness Strategy - Community Wellness Worker, Aboriginal Healing & Wellness Strategy - Aboriginal Healthy Babies Healthy Children

Communities include: Big Grassy River, Northwest Angle #33, Northwest Angle #37, Ojibways of Onigaming, Wauzhushk Onigam (Rat Portage)

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**Kenora Chiefs Advisory (Ogimaawabiitong)**

115 Chipman Street, 3rd Floor, Kenora, ON  
Phone: 467-8144 Fax: 467-2656

Kenora Chiefs Advisory is committed and dedicated to providing culturally appropriate health and social services which address the needs and enhance the well being and capacity of community members in our affiliated First Nations. Communities Represented are: Obashkaandagaang, Grassy Narrows, Naothamegwanning, Shoal Lake 39, Shoal Lake #40, Ochiichagwebabigoining, Wabas-eemoong.

Community and Case Management Kenora Team covers Grassy Narrows, Iskatewizaagegan #39, Ochichagwebabigoining, Shoal Lake 40, Wabas-eemoong, Wauzhushk Onigam

Dryden Team covers Eagle Lake, Lac Seul, Naothamegwanning, Northwest Angle #33, Northwest Angle #37, Wabigoon, Wabauskang  
Dryden Sub-Office: Eagle Lake, Lac Seul, Wabigoon, Wabauskang  
Phone: 1-807-223-2517, Phone: 1-807-223-2516

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**Future for All Substance Diagnostic Clinic**

Bimose Tribal Council  
598 Lakeview Dr.  
Kenora, ON P9N 3P7  
Ph. (807) 468-5551, Fax (807) 468-3908  
FASD Diagnostic Clinic



**Waasegiizhig Nanaandaweyiwigamig Health Access Centre**

Nanaandawe Bimosewin Wellness Program  
212 Fourth Avenue S Kenora, ON P9N 1Y9  
Phone: (807) 467-8770 Fax: 467-2666 Toll Free: 1-877-224-2281  
www.wnhac.org

Our purpose is to serve the Anishinaabe community through the traditional and contemporary health care relative to mind, model and spirit, to foster healthy Anishinaabe people and communities.

Emotional Wellness Support program and the Emotional Wellness Coordinator provides individual contemporary counselling services within the context of the medicine wheel and the 7 grandfather teachings. The focus is on holistic healing and balance and not diagnosis and treatment. The traditional Health Coordination program promotes awareness of and access to traditional health care options.

Waashkootsi-Nanaandaweyiwigamig Healing Lodge  
Obashkaandagaang First Nation, P.O. Box 320, Keewatin, Ontario POX 1C0  
Phone: 807-543-1065 Fax: 807-543-1126 Toll Free: 1-800-656-9271

This program provides a culturally based healing opportunity for first nations people who have grown up in dysfunctional or violent families. The primary objective of the program is to work towards breaking the cycle of violence and abuse perpetrated within families. Client based residential services are offered in 4 day, 12 day and 24 day programming. Participant based day programming is also provided throughout the year, including traditional activities and ceremonies. The center provides services to the following communities: Obashkaandagaang, Grassy Narrows, Nootkamegwanning, Wabaseemoong, Shoal Lake #40, Iskatewizaagegan #39, Ochiichagwebabigoining, Wauzhushk Onigum, North West Angle 33, North West Angle 37

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**Mental Health Lead**

Keewatin-Patricia District School Board  
100 First Avenue W - Kenora, ON, (807)468-5571 ext.268

Children's Mental Health Lead positions for school boards are part of the Ontario Comprehensive Mental Health and Addictions strategy 'Open Minds, Healthy Minds'. Only 8 public school boards in Ontario were funded for the Children's Mental Health lead.

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**Mental Health Lead**

Kenora District Catholic School Board, Catholic Education Centre  
1292 Heenan Place P9N 2Y8, 468.9851 x 238, Kcdsb.on.ca

Children's Mental Health Lead positions for school boards are part of the Ontario Comprehensive Mental Health and Addictions strategy. Only 8 public school boards in Ontario were funded for the Children's Mental Health lead.



**Anishinaabe Abinoojii Family Services**

20 Main St South, Kenora, ON P9N 1S7  
Office phone: 468-8239, After hours phone: 468-6224 (24-hr Service)  
Toll free 1-877-468-8791, Fax 807-468-7960  
Email: reception@aafs.ca, Website: www.aafs.ca

Children’s Mental Health Services provides extended children’s mental health services for children in care. Services provided are tailored to the needs of each client, and may include: Development of treatment plans, Family Counseling, Group Counselling, Individual Counselling, linkages with health, financial, educational, services in the community, support and assistance with behavioral problems.

Provides assistance with concerns related to: Anger management, Attachment, Bereavement, Bullying, Communication skills, Family functioning, Grief, Loss/separation/divorce, Relationships, Sexual abuse, Social skills

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**Canadian Mental Health Association Kenora**

227 Second Street South, Kenora, ON P9N 1G1  
Phone: 807-468-4215 Weekdays 8AM to 4 PM Fax: 807-468-6446  
After Hours and weekend line: 807-464-2263

Services include district mental health services, CanHelp, case management, Assertive Community Treatment Team. Team includes: Certified Psychiatric MH Nurse, mental health workers, occupational therapist, mental health professionals, peer specialist, concurrent disorders, team leader. Court program team includes: team leader, mental health diversion court support worker, case manager. Office phone: 807-468-1838, Fax: 807-468-6396. Counselling and Treatment Team includes: 3 mental health therapists

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**Migisi Alcohol and Drug Treatment Centre**

Box 1340, Kenora, Ontario, P9N 3X9  
Telephone: (807) 548-5959, Fax: (807) 548-2084  
Email:mmigisi@northone.ca

In-Patient treatment offered. Average treatment cycle 28 days.

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**Mood Disorders Association of Ontario**

Phone: 807-468-7555, Toll-Free: 1-888-486-8236  
E-mail: vbt@kmts.ca, Website: www.mooddisorders.ca

The Mood Disorders Association of Ontario (MDAO) provides peer support to individuals and families affected by depression, bipolar disorder and other related mood disorders.



**Kenora Sexual Assault Services**

Phone: 807-468-7958, Toll-Free: 1-800-565-6161

E-mail: ksac@kmts.ca, Website: www.kenoralsexualassaultcentre.ca

Confidential 24 hour crisis and support line; individual or group counselling/support for sexual assaults; information for families/friends of the victim; advocacy and accompaniment; referrals; public education; resources; crisis line training for volunteers; outreach into First Nations communities. Model of service is crisis counselling.

**24 HR. SUPPORT & EMERGENCY PHONE NUMBERS:**

Crisis Response Services: 1-866-888-8988,

Talk4Healing: Helping Aboriginal Women to Find Healing: 1-855-554-HEAL

Ontario Mental Health Hotline: 1-866-531-2600

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**Lake of the Woods District Hospital**

St. Joseph's Health Centre, 21 Wolsley St, Kenora, ON P9N 3W7

Office: 807-467-3555, Fax: 807-468-9083, Website: www.lwdh.on.ca

Community Programs offer mental health programs and services. Provides a resource and link to community services for both inpatients and outpatients. Services and programs include: Aboriginal Services, Adult and Youth Addictions Programs, Day Treatment Program, Early Years Program, Gambling Program, Medically Enhancement Coordinated Care for Addictions Program (MECCA), Mental Health Services, Community Counselling, Post Custody Enhancement Program, Morningstar Centre, Recovery Support Program.

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**Connect Counselling Services**

Phone: 807-468-7230, Toll-Free: 1-866-790-0011, TTY: 877-843-0373, Fax 807-468-8496, E-mail: infoconnect@chs.ca, Website: www.chs.ca

This is a community-based program offering mental health, wellness and addiction services for the deaf, deafened and hard of hearing and their families. Support, education, advocacy and counselling are offered. Assessment, treatment and referral as well.

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**Alzheimer Society of Kenora/Rainy River**

807-468-1516, Email: info@alzheimerr.com

The Alzheimer Society is dedicated to helping people affected by Alzheimer's disease or related dementias and their families. Provides support, programs and info to people with the disease, their families, the public and to community organizations.



**Firefly**

Kenora - Head Office. Administers branch offices in: Atikokan, Dryden, Fort Frances, Red Lake, Sioux Lookout  
820 Lakeview Dr, Kenora, ON P9N 3P7  
Office phone: 807-467-5437, Toll free: 1-800-465-7203, Fax: 807-467-5553,  
Website: www.fireflynw.ca

Provides programs and services with a focus on improving emotional, physical and developmental services for children, youth, adults and their families. Provides intake and service coordination for children's service agencies and adult developmental services. Provides public prevention education and training in areas such as parenting, family violence, separation and divorce.

Programs and services include: Autism Services, Canada Prenatal Nutrition Program (Healthy Starts), Case Management (Children's and Adult), Child and Family Intervention, Child Development Program, Infant and Child Development Services, Rehabilitation Services, Respite Services, Supervised Access Services, Treatment Foster Care, Triple Play Program, Youth Justice Services, Youth Mental Health Court Worker Program, 0-6 Program, Best Start Hubs, Administers the Best Start Hub program, provides mobile services, Child Care, Offers an integrated program at 2 locations for children with developmental/physical disabilities, Telepsychiatry, Coordinates psychiatric consultations with the Division of Child Psychiatry at University of Toronto through video conferencing.

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**Kenora Association for Community Living**

Community Mental Health Support Services  
4 Ninth Ave South, Kenora, ON P9N 2H8, Office phone: 807-467-5236, Fax: 807-467-5264, Email: cmhss@kacl.ca, Website: www.kacl.ca

Assists persons and their families who struggle with mental illness to achieve their goals and live in a place of their choice. Offers: Intensive Case Management Program, Dual Diagnosis Program, provides psychological education for individuals, families, caregivers and service providers, Community Housing Program, Community Wellness Program.

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**Victim Services**

**Sunset Area Victim Crisis and Assistance Referral Service**

136 Main Street, Kenora ON, P9N 1S9, Phone: 807-467-2815 Fax: 807-467-8354  
www.savcars.ca

Sunset Area VCARS partners with Emergency Services by providing immediate emotional and practical support to Victims of crime or other tragic circumstances and offers referral services twenty-four hours a day, seven days a week. VCARS provides victims with confidential emotional support and practical assistance. Sunset Area Victim Services covers an area that begins at the Manitoba border and extends to Ignace ON, reaching south to Nestor Falls and North to Red Lake ON.



**Eagle Lake (Migisi Sahgaigan)**

PO Box 1001, Migisi Sahgaigan, ON POV 3H0  
Band Office Telephone: 807.755.5526 Fax: 807.755.5696  
[www.eaglelakefirstnation.ca](http://www.eaglelakefirstnation.ca)

COMMUNITY  
25 Km SW of Dryden

POPULATION  
TOTAL 574 as of April 2010 (Eagle Lake First Nation website)  
On reserve: 268 Off-reserve: 328

HEALTH FACILITIES  
Eagle Lake Health Centre  
Box 1002 Migisi Sahgaigan, ON POV 3H0  
Tel: 807-755-1157 ext. 222/ Fax: 807-755-1161  
Email: [elhrc@migisi.ca](mailto:elhrc@migisi.ca)

MENTAL HEALTH PROGRAMS AND SERVICES  
Mental Health Services Community Based Services - 1 FT Mental Health Worker, 1 FT Resource & Recovery Worker -addictions

Off Reserve Resources  
Kenora Chiefs Advisory- Dryden Outreach Case Manager- services available to community 1 day per week.

Dryden Mental Health Services- counselling service referrals as requested  
Educational & Behavioural Assessments, Firefly for speech therapy,  
Crisis Response Services - referrals

OTHER  
NNADAP 807-755-1157, [resourceandrecovery@migisi.ca](mailto:resourceandrecovery@migisi.ca)  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

NEAREST HEALTH FACILITY  
Dryden Regional Health Centre, Dryden

Tribal Council Affiliation:  
Paawidigoon First Nations Forum, Dryden



**Lac Des Mille Lacs**

1100 Memorial Avenue, Suite 328, Thunder Bay, ON P7B 4A3  
Telephone: 807.622.9835 Fax: 807.622.9866

COMMUNITY

132 km W of Thunder Bay

POPULATION:

TOTAL 540 (INAC FN Profiles as of Feb 2011)

On reserve: 4 Off reserve: 536

OTHER

Aboriginal Healing & Wellness Strategy Healthy Babies, Healthy Children  
Aboriginal Healing & Wellness Strategy Community Wellness Worker

NEAREST HEALTH FACILITY

Thunder Bay Regional, Thunder Bay

TRIBAL COUNCIL AFFILIATION:

Bimose, Kenora

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**Saugeen Indian Ojibway Nation**

General Delivery, Savant Lake, ON P0V 2S0  
Telephone: 807.928.2824 Fax: 807.928.2710

COMMUNITY

20 Km NW of Savant Lake

POPULATION:

TOTAL 215 (INAC's FN Profiles as of Feb 2011)

On reserve: 76 Off reserve: 139

HEALTH FACILITIES

Saugeen Clinic: 807.928.9985

NEAREST HEALTH FACILITY

Menowawin Health Centre, Sioux Lookout





### **Lac Seul First Nation**

P.O. Box 100 Hudson, Ontario P0V 2A0  
Phone: 807-582-3503 Fax: 807-582-3449  
<http://lacseul.firstnation.ca/>

#### COMMUNITY

Lac Seul First Nation has three separate communities: Frenchman's Head (FH), Whitefish Bay (WFB), and Kejick Bay (KB); all communities are accessible by road. Frenchman's Head is approximately 40 km from Sioux Lookout while Kejick Bay and Whitefish Bay are approximately 60 km northwest of Sioux Lookout.

#### POPULATION

TOTAL: 2,997 On-reserve population: 779 Off-reserve population: 2,218 (INAC's FN Profiles as of January 2011)

#### HEALTH FACILITIES

One Health Clinic @ Kejick Bay ñ 807.582.9821  
One Health Clinic @ Frenchman's Head ñ 807.582.3512  
One-room clinic housed in sub-Band office @ Whitefish Bay ñ 807.582.3293  
Health director- 807.582-3503

#### MENTAL HEALTH PROGRAMS/SERVICES

Frenchman's head. Kejick Bay, Whitefish Bay Mental Health Worker- 807.582.3805  
Fax: 807.582.9883

#### OTHER

NNADAP 807-582-3587  
NNADAP 807-582-3805  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

#### NEAREST HEALTH FACILITY

Sioux Lookout Menoyawin Health Centre

#### TRIBAL COUNCIL AFFILIATION:

Independent First Nations Alliance (IFNA)



**Wabauskang First Nation**

PO Box 418, Ear Falls, ON POV 1T0

Telephone: 807.529.3174 Fax: 807.529.3007

<http://www.wabauskang.ca>

**COMMUNITY**

67 Km NW of Dryden

**POPULATION:**

TOTAL 277 (INAC's FN Profiles as of Feb 2011)

On reserve: 124 Off reserve: 153

**HEALTH FACILITIES**

Medical Centre, Telephone: 807.529.6329 fax: 807.529.6330

**MENTAL HEALTH PROGRAMS/SERVICES**

**OTHER**

**NNADAP**

Aboriginal Healing & Wellness Strategy- Community Wellness Worker

Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children

**NEAREST HEALTH FACILITY**

Depending on appointments, community people access health care services from the Dryden Regional Health Centre, Dryden; or Ear Falls/Red Lake, or Kenora

**TRIBAL COUNCIL AFFILIATION:**

Paawidigoon First Nations Forum, Dryden



**Wabigoon Lake Ojibway Nation**

RR#1, Site 115, PO Box 300, Dryden, ON P8N 2Y4  
Telephone: 807.938.6684 Fax: 807.938.1166  
[www.wabigoonlakeon.ca](http://www.wabigoonlakeon.ca)

COMMUNITY  
19 Km SE of Dryden

POPULATION:  
TOTAL 576 (INAC's FN Profiles as of Feb 2011)  
On reserve: 182 Off reserve: 394

HEALTH FACILITIES  
Nursing Station, Telephone: 807.938.1133

MENTAL HEALTH PROGRAMS/SERVICES

OTHER  
NNADAP 807.938.6684  
Aboriginal Healing & Wellness Strategy- Community Wellness Worker  
Aboriginal Healing & Wellness Strategy- Healthy Babies, Healthy Children  
Building Healthy Communities 807-938-6684, Fax 807-938-1166  
Email [health@drytel.net](mailto:health@drytel.net)

NEAREST HEALTH FACILITY  
Dryden Regional Health Centre, Dryden

TRIBAL COUNCIL AFFILIATION:  
Paawidigong First Nations Forum, Dryden



**Paawidigong First Nations Forum - 'Place Of Rapids/Falls'**

Box 326, Dryden, Ontario P8N 2Z1, 105 King Street, Dryden, ON P8N 2Z1  
Phone: 807.223.5080 Fax: 807.223.5012, Email: info@pfnf.ca, Website: pfnf.ca

Provides culturally appropriate and competent comprehensive health programs and services to First Nations communities within the Dryden Tribal area: Eagle Lake, Wabigoon Lake, Wabauskang, Lac Seul, Lac Des Mille Lacs

Services Provided include: Fetal Alcohol Spectrum Disorder & Child Nutrition, Aboriginal Healing & Wellness Strategy - Community development support program, Community Wellness program, Aboriginal Healthy Babies-Healthy Children. Paawidigong's HSIF initiative focusses on Mental Health, Addictions Services and Prescription Drug Abuse (PDA). This project will build multi-party partnerships and formal protocol/service agreements that will enhance delivery systems for mental health and addictions service and to increase access for First Nations clients.

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**Dryden Regional Health Centre**

Dryden Regional Addiction and Mental Health Services  
58 Goodall Street, Dryden, Ontario P8N 1V8, Phone: 807-223-6678  
Website [www.dh.dryden.on.ca](http://www.dh.dryden.on.ca)

As a community-based organization, Dryden Regional Mental Health and Addiction Services provides a range of client-focused services assisting individuals 16 years and older to identify and realize their therapeutic goals. Professional clinical services include mental health assessments, case management. Other services include: Crisis Beds, Crisis Response Services Kenora Rainy River District - Dryden, Short-Term Crisis Support Beds

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**Canadian Mental Health Association Fort Frances Branch  
Dryden, Red Lake, SiouxLookout**

District Mental Health Services for Older Adults Program  
52 Van Horne Ave, Dryden, ON P8N 2Z2, PO Box 525, Dryden, ON P8N 2Z2  
Phone: 807-223-8841, Fax: 807-223-8816, [www.cmhaff.ca/older-adults](http://www.cmhaff.ca/older-adults)

Responsible for providing a variety of geriatric services, provides cognitive screening and assessment, provides geriatric counselling, provides care and treatment planning, offers in home support and education to caregivers. Geriatric Psychiatry Provides assessments and case consultations via videoconferencing.

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**Ontario Native Women's Association - Sioux Lookout**

26 2nd Ave North, Sioux Lookout, ON P8T 1H2, PO Box 341, Sioux Lookout, ON P8T 1A5, Office: 807-737-7922, Fax: 807-737-7031, Website: [www.onwa.ca](http://www.onwa.ca)

The Mental Health Program provides a mental health intake, screening, assessment, and treatment services, assists families to cope with their child's mental health needs, offers education on mental health issues, uses contemporary and traditional interventions and provides access to additional resources if needed



**Red Lake Hospital Mental Health Program**

Phone: 807-727-1100, Fax: 807-727-3979

E-mail [ccas.redlake@shaw.ca](mailto:ccas.redlake@shaw.ca)

Website [www.redlakehospital.ca](http://www.redlakehospital.ca)

Commonly utilized treatment models include Cognitive-Behavioural Therapy, Solution-Focused Therapy, Eye Movement Desensitization and Reprocessing (EMDR), and Narrative Therapy. All clinical staff members are cross-trained in addictions and mental health, so clientele with multiple issues receive continuous service with one counsellor. Mental Health Treatment services are generally provided once per week for one hour. Grief recovery program is available. Counsellors use the Staxi-2 reading sheet as part of the assessment.

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**Points North Family Health Team**

87 Spruce St, Vermilion Bay, ON POV 2V0

Office phone: 807-227-2675, Fax: 807-227-2339

Mental Health Program services includes: case management services, individual assessment and treatment planning, supportive mental health counselling to community at large, provides referrals to local and out of town community service providers, provides individual and public education and information sessions, advocacy on various committees and boards for increased mental health programs, individual bereavement and grief counselling

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**Red Lake Margaret Cochenour Memorial Hospital**

146 Howey St, Red Lake, ON POV 2M0

CCAS, PO Box 1336 146 Howey St, Red Lake, ON POV 2M0

Office phone: 807-727-1100, After hours phone: Crisis Response Services: 1-866-888-8988, Fax: 807-727-3979

Email: [ccas.redlake@shaw.ca](mailto:ccas.redlake@shaw.ca), Website: [www.redlakehospital.ca](http://www.redlakehospital.ca)

Community Counselling and Addictions Services include: Mental Health Counselling, Individualized assessment, Crisis intervention, Counselling and treatment, Client directed goal planning, Referrals to other services and resources, provides individual counselling.

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**Kenora Rainy River Crisis Response**

Crisis line 1-866-888-8988

Crisis Response Services provides a range of programs to assist people 16 years and older with mental health and addictions concerns in the Kenora Rainy River District. Staffed by professionals 24/7/365, Toll-free and confidential. Crisis prevention and intervention, information, referrals and support offered to callers in crisis, family members and service providers. Community support workers, Crisis beds, Withdrawal management beds, Addictions recovery treatment



**Sioux Lookout First Nations Health Authority**

Nodin Child and Family Intervention Services  
54 Queen St, PO Box 1300, Sioux Lookout, ON P8T 1B8  
Phone: 807-737-4011, After hours phone: 807-737-4011, Toll free: 1-800-446-7863, Fax: 807-737-1398, Email: [info@slfnha.com](mailto:info@slfnha.com), Website: [www.slfnha.com](http://www.slfnha.com)

The Nodin CFI Department at SLFNHA provides mental health services for individuals and families in the First Nation communities in the Sioux Lookout region. Nodin provides the following services: Intake, assessment and case management services, Individual and family counselling for bereavement, grief, family violence, suicide, education, resources and training seminars in northern First Nation communities, Traditional healing services.

Acute Care Services include: intensive counselling for individuals requiring acute care services. The Special Needs Program offers case management and mental health services for children and youth with special needs including emotional, developmental and/or intellectual problems, provides support to parents/families in accessing other resources and financial assistance, offers advocacy on behalf of clients/families for other services.

Specialty Sessions include: specialty clinics including psychiatry, tele-psychiatry, psychology and art therapy, tele-conferencing with Sick Children's Hospital and other health providers and information sessions with visiting specialists.

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**Sioux Lookout Meno Ya Win Health Centre**

1 Meno Ya Win Way, Sioux Lookout, ON P8T 1A8  
Office: 807-737-1275, Toll free: 1-877-737-1275, Fax: 807-737-5270  
Website: [www.slmhc.on.ca/ccas.htm](http://www.slmhc.on.ca/ccas.htm)  
Community Counselling and Addictions Services  
35 Front St, Sioux Lookout, ON, 807-737-4506

Provides a broad spectrum of mental health and addiction services. Services offered include but not limited to: Provides drug and alcohol assessments, Offers case management and forensic case management, Provides mental health and addictions counselling, Offers problem gambling counselling, Provides community outreach and education, Share for Hope Program: visits to Out of The Cold Shelter by volunteers (survivors) to offer encouragement about topics such as addictions, homelessness, family violence and grief, a satellite office located in Pickle Lake two days per month.

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**Sunset Women's Aboriginal Circle**

26 Second Ave, Sioux Lookout, ON P8T 1A5, Mental Health, PO Box 341, Sioux Lookout, ON P8T 1A5, Office: 807-737-7922, Fax: 807-737-7031

Mental Health Program promotes the development of good mental health and provides services for individuals with mental health issues. Provides information and awareness activities. Services include: Counselling services, Cultural activities and crafts, Recreational activities, Wellness activities



**Buffalo Point First Nation**

Box 1037, Buffalo Point, MB R0A 2W0, Phone: 204.437.2133 Fax: 204.437.2368  
<http://www.buffalopoint-firstnation.ca>

COMMUNITY

130 km SE of Winnipeg, Manitoba

POPULATION:

TOTAL 112 (INAC FN Profiles as of Feb 2011)

On reserve: 48 Off reserve: 64

HEALTH FACILITIES

Health director- 204.437.2133, Email: [health@buffalopoint.mb.ca](mailto:health@buffalopoint.mb.ca)

NEAREST HEALTH FACILITY

Steinbach

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**Sagkeeng First Nation (Fort Alexander)**

Box 3, Fort Alexander, MB R0E 0P0, Phone: 204.367.2287 Fax: 204.367.4315  
<http://www.sagkeeng.ca>

COMMUNITY

101 Km N of Winnipeg

POPULATION:

TOTAL 7,088 (INAC's FN Profiles as of Feb 2011)

On reserve: 3,234 Off reserve: 3,854

HEALTH FACILITIES

Health Centre, Telephone: 204.367.9990

Sagkeeng Mino Pimatiziwin Family Treatment Centre Inc. 204-367-2172, Toll Free: 1-866-329-0736, Fax: 204-367-2324

Sagkeeng Child and Family Services 204-367-2215, Toll Free: 1-877-367-4020, Fax: 204-367-8510

George M. Guimond Personal Care Centre 204-367-2245, Fax: 204-367-8516

Fort Alexander Health Centre 204-367-2208, Toll Free: 1-866-888-2228, Fax: 204-367-4587

Sagkeeng Wellness Centre 204-367-2755, Fax: 204-367-2768

NEAREST HEALTH FACILITY

Health Sciences Centre, Winnipeg

PTO AFFILIATION:

Assembly of Manitoba Chiefs [www.manitobachiefs.com](http://www.manitobachiefs.com)

ConnexOntario Health Services Information resource, funded by the Ontario Ministry of Health and Long-Term Care (MOHLTC), provides Ontarians with access, both online searchable databases and live-answer helplines, to the wide variety of government-funded addictions, problem gambling, and mental health services and supports available within the province. The helplines provide live-answer 24/7/365, confidential and free services, which can be provided via telephone and interpreted in over 170 languages. Access to ConnexOntario services is as follows:

Drug and Alcohol Helpline (1-800-565-8603)  
[www.drugandalcoholhelpline.ca](http://www.drugandalcoholhelpline.ca);

Ontario Problem Gambling Helpline (1-800-230-3505)  
[www.problemgamblinghelpline.ca](http://www.problemgamblinghelpline.ca);

Mental Health Helpline (1-800-531-2600)  
[www.mentalhealthhelpline.ca](http://www.mentalhealthhelpline.ca).

**Minobimaadiziwin Strategy  
Grand Council Treaty #3  
P.O Box 1720  
Kenora, ON P9A 3X7  
Ph: (807) 548-4214  
Fax: (807) 548-5041  
[treaty3healthcouncil.ca](http://treaty3healthcouncil.ca)**

**C. 2014**

